



Origination Date: 12/88	Revision Date(s): 8/98, 1/99, 4/99, 6/00, 9/00, 10/00, 6/03, 6/04, 6/05, 6/06, 6/07, 9/07, 9/08
Developed By: Medical Criteria Committee	

**Information to be Submitted with Pre-Authorization Request:**

The information to be submitted with a surgery request is to include all of the following:

1. History and physical
2. Prescribed medications/dosages
3. Documentation of conservative therapy including the following:
  - a. Medically supervised weight loss programs including start and stop dates, weight loss, reason for quitting.
  - b. Dietary Evaluations
  - c. Behavioral evaluations
  - d. Physical Activity logs
4. Two years of chart records from the primary treating physician (s) documenting weight management and co-morbid conditions.
5. Medical consultation establishing the patient's ability to tolerate the operative trauma and risks associated with surgical intervention.
6. Psychological Consultation

**References:**

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- Livingston EH. Obesity and its surgical management. American Journal of Surgery. August 2002; 184(2).
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