## August 1, 2016

Dear Office Administrator,

Interspinous Process Decompression Systems (e.g. X-STOP®), and interlaminar stabilization devices (e.g. Coflex®), are minimally invasive surgical procedures designed to alleviate painful symptoms of lumbar spinal stenosis.

Beginning **October 1, 2016**, Moda Health will consider CPT 0171T (Insertion of posterior spinous process distraction device), CPT 0172T (additional levels), and CPT C1821 (Interspinous process distraction device) investigational. Evidence based literature has not demonstrated the interspinous process decompression devices or interlaminar stabilization systems provide significant advantage over surgical decompression and/or fusion.

To view Moda's Medical Necessity criteria for Interpsinous process decompression system, please visit modahealth.com/pdfs/med\_criteria/InterspinousProcessDecompressionSystem\_X-STOP.pdf.

## **Questions?**

We're here to help! Please call our Provider Relations team toll-free at 877-299-9062 or email us at providerrelations@modahealth.com.

Sincerely,

Moda Health Provider Relations







